



**Educating Occupants  
for a  
Healthy Home**

# What is a Healthy Home

- The 7 principles – dry, clean, well-ventilated, combustion product free, non-toxic, pest free, lead hazard free

# Creating a Healthy Home

- What can be done FOR occupants
- What can be done By occupants

# Assistance for a Healthy Home

- Weatherization , HUD, Local Community Action
  - House Improvements, IAQ Improvements, Work Changes to the home

# What Occupants Can Do

- Many aspects of the Home are made healthy by the occupants
- Occupants are the measure of success
- Create a plan for success

# Many aspects of the home are made healthy by the occupants

- Cleaning level and frequency are set by the client
- Attention to detail
- Level of concern for family health
- Motivation for healthful changes
- Long term commitment

# Occupants are the measure of success

- Only the occupant knows when and if improvements are made to health
- Can change their lives by their actions

# Create a plan for success

- Occupants set goals , make plans to achieve them
- Success is determined by the occupant
- Small gains can mean big changes for the family

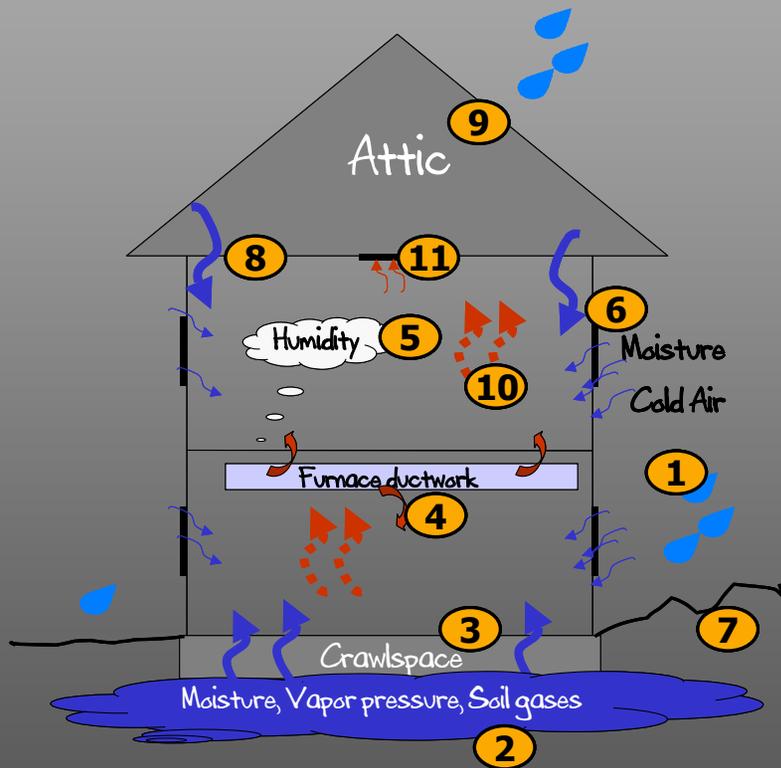
# The details, how do you make it work

- We have our clients work with our workbooks
  - Become aware of moisture, leaks and pests
- Cleaning and maintenance are in the hands of the occupant
- Get cleaning products that are non-toxic



# Basics of building science

Must understand the basic skill set that weatherization crews already possess



House as a system

How forces and pressures in the home can move contaminants and create discomfort

What is the comfortable and healthy range for humidity and temperature, and

How heating and cooling systems should function to support client health and the long term durability of the system/home.





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OREGON SCIENTIFIC

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CHANNEL MODE CLEAR

433MHZ CABLE FREE

# Humidity gauge (Q-Trak Here)

